

# Kimbo Edward Yee

Assistant Professor  
Department of Health and Human Performance  
The Citadel  
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## ACADEMIC EMPLOYMENT

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**Assistant Professor (tenure-track)**

August 2018 - Present

The Citadel  
Department of Health and Human Performance  
Charleston, SC

**Visiting Professor**

August 2015 - May 2018

Grand Valley State University  
Department of Movement Science  
Allendale, MI

## EDUCATION

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**Doctor of Philosophy in Kinesiology (Ph.D.)**

August 2015

Concentration: Exercise Physiology  
Michigan State University, East Lansing, MI  
*Dissertation: Associations among Obesity, Physical Activity, Nutrition, and Family Environment in Adolescents (Dissertation Adviser: Karin Pfeiffer, Ph.D.)*

**Master of Science in Kinesiology (M.S.)**

December 2010

Concentration: Exercise Physiology  
Michigan State University, East Lansing, MI  
*Thesis: Association between the Family Nutrition and Physical Activity screening tool and cardiovascular disease risk factors in 1-year old children (Thesis Adviser: Joey Eisenmann, Ph.D.)*

**Bachelor of Science in Kinesiology (B.S.)**

August 2008

Michigan State University, East Lansing, MI

## AWARDS AND HONORS

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All-University Excellence-In-Teaching Citation Award for Graduate Teaching Assistants;  
Michigan State University; March 2014

Best Poster Award; Michigan State University/Wayne State University 10<sup>th</sup> Annual Pediatric  
Research Day; March 2011

Master's Student of the Year Award; Department of Kinesiology; Michigan State University;  
April 2010

## **TEACHING EXPERIENCE**

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### The Citadel

Advocacy and Accountability in Public Health and Education  
Contemporary Health Foundations  
Exercise Physiology Lab  
Foundations of Physical Fitness and Exercise  
Motor Development and Learning  
Nutrition

### Grand Valley State University

Clinical Exercise Physiology  
Exercise for Special Populations  
Exercise Testing and Prescription  
Exercise Testing Laboratory  
Laboratory Practicum in Exercise Science  
Measurement and Evaluation  
Physiology of Activity  
Professionalism in Exercise Science

### Michigan State University (as lead instructor)

Applied Human Anatomy  
Applied Human Anatomy (Cadaver) Laboratory (including online section)  
Laboratory Experiences in Exercise Physiology  
Physiological Bases of Physical Activity (including online section)

## **PEER-REVIEWED PUBLICATIONS**

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1. Tucker, J; Howard, K; DeLaFuente, K; Cadieux, A; **Yee, K**. Changes in Psychosocial Health during a 7-Week Pediatric Weight Management Program. *Clinical Obesity*. 2017; 7: 393-401.
2. Clevenger, K; Pfeiffer, K; **Yee KE**; Triplett, A; Florida, J; Selby, S. Mindfulness and Children's Physical Activity, Diet, Quality of Life, and Weight Status. *Mindfulness*. 2017.
3. Tucker, J; Eisenmann, J; **Yee, K**; Guseman, E; Howard, K; Saturley, H. Association between the Family Nutrition and Physical Activity Screening Tool and obesity severity in youth referred to pediatric weight management. *Obesity Research and Clinical Practice*. 2016; 11(3): 268-275.

4. **Yee, K**; Pfeiffer, K; Turek, Kelly; Bakhoya, M; Carlson, J; Sharman, M; Lamb, E; Eisenmann, J. Association of the Family Nutrition and Physical Activity Screening Tool with weight status, percent body fat, and acanthosis nigricans in children from a low socioeconomic, urban community. *Ethnicity and Disease*. 2015; 25(4): 399-404.
5. Tucker, J; Eisenmann, J; Howard, K; Saturley, H; DeLafuente, K; Graybill, J; **Yee, K**; Guseman, E; Roberts, M; Peterson, T. FitKids360: Design and conduct of a stage 2 pediatric obesity program. *Journal of Obesity*. 2014.
6. Sutton, D, Pfeiffer, KA; Feltz, DL, **Yee, KE**, Eisenmann, JC, Carlson, JJ. Physical activity and self-efficacy in normal and over-fat children. *American Journal of Health Behavior*. 2013; 37(5): 635-640
7. **Yee, KE**, Eisenmann, JC, Carlson JJ, Pfeiffer KA. Association between The Family Nutrition and Physical Activity Screening Tool and cardiovascular disease risk factors in 10-year old children. *International Journal of Pediatric Obesity*. 2011, August 11; 6: 314-320
8. Carlson JJ, Eisenmann JC, Pfeiffer KA, Jager KB, Sehnert ST, **Yee KE**, Klavinski RA, Feltz DL. (S)Partners for Heart Health: a school-based program for enhancing physical activity and nutrition to promote cardiovascular health in 5th grade students. *BMC Public Health*. 2008 Dec 22; 8:420.

## MANUSCRIPTS IN PREPARATION

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1. **Yee, K**; Pfeiffer, K; Eisenmann, J; Feltz, D. Associations among The Family Nutrition and Physical Activity Screening Tool, Physical Activity, Nutrition, and TV in Adolescents. (Target journal: *Pediatric Exercise Science*)
2. **Yee, K**; Pfeiffer, K; Eisenmann, J; Feltz, D. Evaluation of a Stage 2 Pediatric Obesity Program in 9<sup>th</sup> grade Boys and Girls. (Target journal: *Journal of Obesity*)
3. **Yee, K**; Shippey, R. Perceived back pain due to backpack usage on D2 midwestern university campus. (Target journal: *Journal of Manipulative and Physiological Therapeutics*)

## REFEREED ABSTRACTS

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1. **Yee, Kimbo**; Pfeiffer, K; Weatherspoon, L; Tucker, Jared. "Process Evaluation of FitKids360: A Pediatric Weight Management Program." Presented at North American Society for Pediatric Exercise Medicine (NASPEM) Biannual Meeting; August 2016.
2. McCormick, Luke; Augustine, Gabriel; **Yee, Kimbo**; Pfeiffer, Karin; Pivarnik, James; Florida, Jamie; Sellers, Sandy. "Associations Among Percent Body Fat, Time Spent Outside, and Sleep in Low Socioeconomic Children." Presented at the Midwest American College of Sports Medicine (ACSM) Meeting; November 2015.

3. Buckingham, Todd; Mudd, Lanay; Pfeiffer, Karin; Selby, Sandy; Warning, Joe; **Yee, Kimbo**. "Relations Among Physical Activity, Diet, and Screen Time in Low Income Urban Children." Presented at the National American College of Sports Medicine (ACSM) Meeting; May 2015.
4. **Yee, Kimbo**; Pfeiffer, Karin; Eisenmann, Joey. "Combined Influence of Physical Activity and Aerobic Fitness on Blood Pressure in Low Income, Urban Children." Presented at North American Society for Pediatric Exercise Medicine (NASPEM) Biannual Meeting; August 2014.
5. Bakhoya, Marion; **Yee, Kimbo**; Pfeiffer, Karin; Eisenmann, Joey; Carlson, Joseph; Maier, Kimberly; Lamb, Erin. "Association of the Family Nutrition and Physical Activity Screening Tool with Acanthosis Nigricans in Children." Presented at the National American College of Sports Medicine (ACSM) Meeting; June 2013.
6. Bakhoya, Marion; **Yee, Kimbo**; Pfeiffer, Karin; Eisenmann, Joey; Carlson, Joseph; Maier, Kimberly; Lamb, Erin. "Association of the Family Nutrition and Physical Activity Screening Tool with Acanthosis Nigricans in Children." Presented at the Midwest American College of Sports Medicine (ACSM) Regional Meeting; November 2012.
7. **Yee, Kimbo**; Eisenmann, Joey; Peterson, Tom. "FitKids360: Effects of a Stage II Obesity Intervention in 6-15 Year Old Children." Presented at North American Society for Pediatric Exercise Medicine (NASPEM) biannual meeting; September 2012.
8. Turek, Kelly; **Yee, Kimbo**; Eisenmann, Joey; Pfeiffer, Karin; Pivarnik, James; Carlson, Joseph; Maier, Kimberly; Lamb, Erin. "Association of the Family Nutrition and Physical Activity Screening Tool with Overweight in Children." Presented at the Midwest American College of Sports Medicine (ACSM) Regional Meeting; October 2012.
9. **Yee, Kimbo**; Eisenmann, Joey; Pfeiffer, Karin; Carlson, Joseph; Ihmels, Michelle; Welk, Gregory. "Association between the Family Nutrition and Physical Activity (FNPA) Screening Tool and Cardiovascular Disease Risk Factors in 10-year old Children." Presented at the North American Society for Pediatric Exercise Medicine (NASPEM) and Pediatric Work Physiology (PWP) Biannual Meeting; September 2010.
10. **Yee, Kimbo**; Eisenmann, Joey; Peterson, Tom. "FitKids360: Effects of a Stage II Obesity Intervention in 6-15 Year Old Children." Presented at Michigan State University/Wayne State University 10<sup>th</sup> Annual Pediatric Research Day; March 2011.
11. **Yee, Kimbo**; Eisenmann, Joey; Welk, Gregory; Ihmels, Michelle; Heelan, Kate. "Association of ACE I/D Polymorphism and the FNPA Screening Tool on Fatness and Blood Pressure." Presented at ACSM National Meeting; May 2010.

12. **Yee, Kimbo**; Eisenmann, Joey; Pfeiffer, Karin; Sutton, Darijan; Ladrig, Stacey; Carlson, Joseph. "(S)Partners for Heart Health: Baseline Cardiovascular Disease Risk Factors Compared to Pediatric Recommendations." Presented at The Obesity Society National Meeting; October 2009.
13. **Yee, Kimbo**; Eisenmann, Joey; Pfeiffer, Karin; Sutton, Darijan; Ladrig, Stacey; Carlson, Joseph. "(S)Partners for Heart Health: Baseline Cardiovascular Disease Risk Factors Compared to Pediatric Recommendations." Presented at ACSM National Meeting; May 2009.

## **FUNDING**

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Food, Nutrition, and Chronic Disease Graduate Student Professional Development Fellowship Fund; Awarded from The Graduate School of Michigan State University; \$2,000; Received December 2009

## **PROFESSIONAL EXPERIENCE**

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| 2010-2015   | FitKids 360 Project Co-Developer and Site Coordinator – Grand Rapids, MI and Grand Blanc, MI   |
| 2010-2015   | Human Energy Research Laboratory Technician – Michigan State University, Department of Kinesiology   |
| Summer 2010 | Graduate Research Assistant on Longitudinal Validity of Accelerometry in Youth Study (NIH-funded) – Michigan State University, Department of Kinesiology |
| 2008-2010   | Graduate Research Assistant on (S)Partners for Heart Health Study – Michigan State University, Department of Kinesiology                                 |
| Spring 2008 | Group Exercise Leader – Oak Park YMCA, Lansing, MI   |

## **PROFESSIONAL DEVELOPMENT**

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Canadian Obesity Network 7<sup>th</sup> Annual Summer Boot Camp, July 2012

## **MENTORSHIP**

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### Guidance Committee Member of Master's Thesis

Annie De La Rosa (M.S.; Spring 2018; California State University San Marcos)  
Thesis Title: Periodization HIIT vs. Low Volume HIIT in Obese Women

### Faculty Mentor for Undergraduate Research Project

Rachel Shippy (Grand Valley State University)  
Research Project Study Title: Perceived Back Pain Due to Backpack Usage on D2  
Midwestern University Campus

## **PROFESSIONAL SERVICE**

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### Peer Reviewer

Measurement in Physical Education and Exercise Science

Pediatric Exercise Science

Family Medicine & Community Health

Behavioral Medicine

### Other

Faculty Advisor, Grand Valley State University Fantasy Sports for Charity Club, 2016-2017

Midwest American College of Sports Medicine (ACSM) Abstract Reviewer; 2016 Midwest ACSM Annual Meeting

Academic Club Advisor, Michigan State University Make-A-Wish Foundation, 2014-2015

Mid-Michigan Symposium for Undergraduate Research Experiences (Mid-SURE) Student Judge/Evaluator; Held at Michigan State University, July 2014

Michigan State University Undergraduate Research and Arts Forum (UURAF) Student Judge/Evaluator; Held at Michigan State University, April 2014

Anthropometric Measurement Training Leader; Young Women's Health History Study; Michigan State University, 2011-2013

Anthropometric Measurement Staffer; 2013 World Dwarf Games; Held at Michigan State University, August 2013

Health Screening Coordinator; Department of Kinesiology; Michigan State University; Site: Public Sector Consultants; Lansing, MI; April 2012

Guest Sports Medicine Instructor; Clinton County Regional Education Services Agency; 2011-2014

Guest Speaker; Holt Community Health Expo; Holt Middle School; Holt, MI; March 2010

Graduate Student Representative; Department of Kinesiology Chair Search Committee; Michigan State University, 2011-2012

Class Instructor; Grandparents University; Michigan State University; 2009-2012

## **PROFESSIONAL AFFILIATIONS**

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American College of Sports Medicine (ACSM) (Member)

Southeast Chapter of the American College of Sports Medicine (ACSM) (Member)

North American Society for Pediatric Medicine (NASPEM) (Member-at-Large; Board of Directors)