

July 2021

### Exercise Science Major Academic Plan

Freshman	Fall (16+)	LDRS 101 (1)	PHED 101 (3)	STAT 160 (3)	Language 1 (3)	FSEM 101 (3)	FSWI 101 (3)		ROTC 101 (1)
	Spring (13+)		EXSC 200 (3)		Language 2 (3)		BIOL 130 BIOL 131 (3) + (1)	RPED 260 (3)	ROTC 102 (1)

Sophomore	Fall (14+)	LDRS 211 (0)		COMM 216 (3)	PSYC 202 (3)	CHEM 151/161 PHYS 203/253 (3) + (1)	BIOL 217 BIOL 227 (3) + (1)	RPED 113 (0)	ROTC 201 (2 or 1)
	Spring (17+)		EXSC 202 (3)	PHED 303 (3)	LDRS 202 (3)	CHEM 152/162 PHYS 204/254 (3) + (1)	BIOL 218 BIOL 228 (3) + (1)	RPED 100+ (0)	ROTC 202 (2 or 1)

Junior	Fall (19)	LDRS 311 (0)	EXSC 319 EXSC 329 (3) + (1)	EXSC 305 (3)	EXSC 314 (3)	Strand 1 (3)			ROTC (3) LDRS 371
	Spring (18)		EXSC 320 (3)	Elective (3)	HLED 302 (3)	Strand 2 (3)	Elective (3)		ROTC (3) Fulfillment

Senior	Fall (16 or 19)	LDRS 411 (0)	HLED 400 (3)	HLED 401 (3)		Strand 3 (3)	Elective (3)	EXSC 421 (1)	ROTC (3) EXSC 406
	Spring (15)			HLED 402 (3)	EXSC 403 (3)	Strand 4 (3)	Elective (3)		ROTC (3) SMGT 404

Strand Requirements: Students must complete four strand courses, which may be completed in any order: English (ENGS 30X), History (HISS 30X), Social Science (SCSS 30X), and Science (NTSS 30X). Note: The blue cells represent courses in the new Gen Ed. The grey cells represent graduation requirements. The orange cells are non-departmental requirements, and yellow cells are major requirements.